OCTOBER

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
Assorted Cereal w/Pop Tart Or President Direct	Grain Bar	Assorted Cereal w⁄ Rice Krispie Bar	Assorted Cereal w/ Bug Bites Ar	Assorted Cereal w/ Granola Bar Or
Breakfast Pizza Fruit Choice Low Fat Milk	Or French Toast Sticks w/ Little Smokies Fruit Choice Low Fat Milk	Or Iced Long John Fruit Choice Low Fat Milk	Or Egg, Bacon and Cheese Flatbread Sandwich Fruit Choice Low Fat Milk	Or Iced Cinnamon Roll Fruit Choice Low Fat Milk
9	10	11	12	13
Assorted Cereal w⁄ Tiger Paw Grahams Or	Assorted Cereal w⁄ Mini Grahams Or	Assorted Cereal w/Pop Tart Or Assorted Muffins	Bites Or	Assorted Cereal w⁄ Nutri Grain Bar Or
Iced Long John Fruit Choice Low Fat Milk	Breakfast Bites Fruit Choice Low Fat Milk	Fruit Choice Low Fat Milk	Belgian Waffle Sticks w/ Toppings Fruit Choice Low Fat Milk	Iced Cinnamon Roll Fruit Choice Low Fat Milk
16	17	18	19	20
Assorted Cereal w/ UBR Or Bacon and Egg Tornado Fruit Choice Low Fat Milk	Assorted Cereal w/ Chocolate and Oats Bar Or Breakfast Pizza Fruit Choice Low Fat Milk	Assorted Cereal w/Mini Sweet Bread Or Apple or Raspberry Frudel Fruit Choice Low Fat Milk	NO SCHOOL	NO SCHOOL
23	24	25	26	27
Assorted Cereal w/ Pop Tart Or Ham and Cheese Breakfast Bar w/ Pop Tart Fruit Choice Low Fat Milk	Assorted Cereal w/ Granola Bar Or French Toast Sticks w/ Little Smokies Fruit Choice Low Fat Milk	-		Assorted Cereal w/ Pop Tar Or Iced Cinnamon Roll Fruit Choice Low Fat Milk
30 Assorted Cereal w/ Bug Bites Or Iced Long John Fruit Choice Low Fat Milk	31 Assorted Cereal w/Rice Krispie Bar Or Pancakes with Sausage Links Fruit Choice Low Fat Milk	OCT, OCT,		"This institution is an equal opportunity provider"